

April  
2021

If an egg is  
broken by an  
**outside** force  
life ends.

If an egg is  
broken by an  
inside force  
life begins

Great things  
always begin  
from the  
inside.



## Stewart Valley School



March came in like a lamb and tried to go out like a lion. Thankfully sunshine and warmer temperatures came back just in time to finish off the month.

A huge shout out to those that billeted students, provided food and amenities, cleared snow and assisted removing vehicles stuck in snow-banks during the recent winter storm. We are so lucky everyone was taken care of! What it did bring to light, was our billet list is rather short and outdated. For those that may not know, billets are individuals and families residing in the village that would be willing to offer shelter to a student or students, who are unable to be transported home or picked up in the event of severe conditions, similar to what we endured Monday March 29th. You may not have thought about being a billet, as this is the first time they have been used in a very long time. If you are interested and would like more information, please call the school and we would be glad to answer any questions you may have.

The Annual Chess Tournament took place the last part of March with students playing over the noon hour recesses. There were two groups competing and here are the results:

	Grades 3-4	Grades 5-8
Gold	Caleb Pate	Jesse Olson
Silver	Evan Parkinson	Levin Wiebe
Bronze	(tied) Hanna Lee & Shaye-Lynn Moen	Alexander Argue

Congratulations to everyone, a job well done!

Our Stewart Valley School Spelling Bee will take place Thursday, April 1st. Room 1 will participate in their own classroom event and Rooms 2 & 3 will compete for the school spelling championship. We will video the competition and share with the families at a later date.

There will be no school due to the Easter Break from April 2nd to April 9th. Classes will resume for Grade 1 - 9 Students on Monday, April 12th, and Tuesday, April 13th for Kindergarten.

Thank you to our creative and active SCC in planning and preparing the Be Well Bingo Cards. Don't forget to spend some time together with your family checking off the activities on the bingo card sent home a few weeks ago. What a wonderful way to get active together and have fun!

We are planning a noon lunch from Subway for Thursday, April 29th. More information will be sent to you in a google form after the Easter break.

Look at the calendar, only 3 months of school left this school year! I'm sure the time will fly by.

# From the Principal's Desk

## April

March is behind us and Spring has officially arrived! This month brought some fun dress-up days, a virtual regional science fair, and our annual chess tournament. A big thank you to all those who participated. This month also provided parents and teachers with another opportunity to discuss student learning/behaviour by phone or video. March ended with some atrocious winter weather. A sincere thank you to the Stewart Valley residents who billeted students. It's wonderful to know that we can count on the community in times of need!

The month of April begins with a school Spelling Bee. I am excited to put our spelling skills to the test! Students and staff will also get to enjoy a well-deserved Easter break from April 2nd-9th. Our stellar SCC has organized a BeWELL BINGO challenge for this month, where families can get active and make healthy choices together! Have fun!



**April Birthdays:**  
Mrs. King  
Peyton  
Caleb  
Trey

## S.R.C. NEWS

### April 29th: School Spirit Dress Up Day

If you have school clothing, be sure to wear it and show your school spirit! If you don't, no problem! Just wear something in our school colours: red and black!

**Go Stingers!**

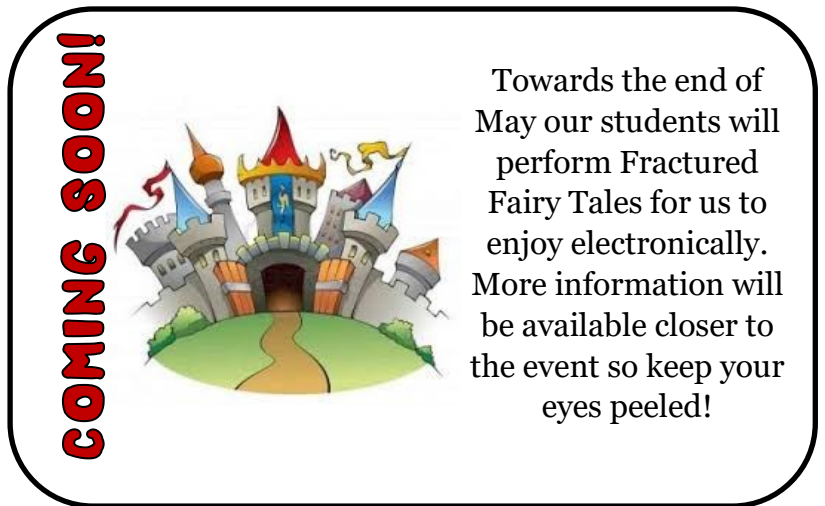
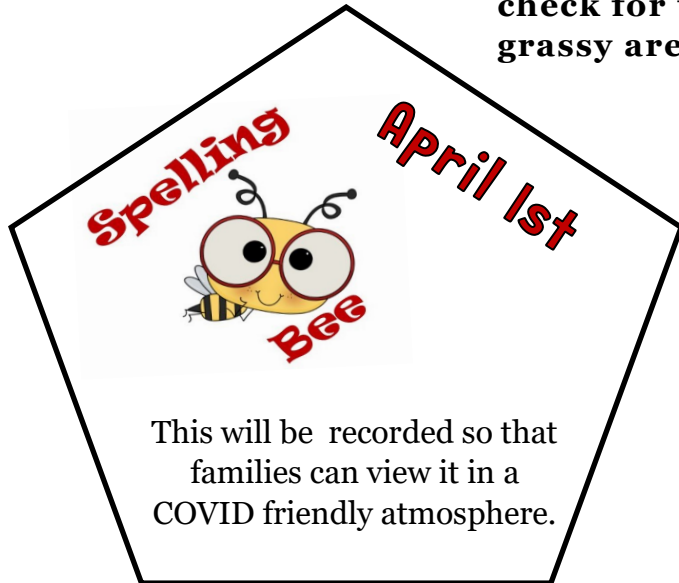


off the mark.com by Mark Parisi





Towards the end of March each family was sent home a BeWell Bingo Card along with instructions. We encourage families to work together to complete a blackout bingo card. Once the card is complete you can email a picture of your completed card to [bmoon@chinooksd.ca](mailto:bmoon@chinooksd.ca). Rewards will be sent home with the eldest student after the end of the month. **Please remember to keep all family members safe while participating in activities. Also note this time of year is tick season. It is advised to wear clothing that will make it easier to spot a tick or harder for them to come in contact with skin. It's also a good idea to check for ticks if you have been outside in wooden or grassy areas.**



Lynn Lyons is holding a virtual session for Chinook School division for parents.

This takes place April 20: 7 - 8 pm CST/9pm EDT start

Community/Parent Presentation: Managing Emotional Health During Uncertain Times

Description: As we navigate a year like no other, adults need strategies for instilling the skills children and adolescents need to confront and reduce the negative impacts of anxiety, stress, and depression both at school and home. Lynn will refer to situations particular to the ongoing pandemic and its aftermath, but recommended measures will be relevant far beyond this timeframe and singular content.

**Lynn Lyons**, MSW, RSW, is an internationally recognized psychotherapist, author, and speaker with a special interest in interrupting the generational patterns of anxiety in families.



# Guess Who I Am?

Name: Happy

Favourite Food: candy

Favourite Smell: hand sanitizer

Favourite Animal: dog

Best thing about SVS: It's small

Favourite game to play: Bingo

**Who am I?**

Name: Chicken Nugget

Favourite Food: ice cream

Favourite Smell: caramel

Best thing about SVS: It's small

If you could be an animal what would it be and why: Parrot  
because I could talk

**Who am I?**

Name: Axela

Favourite Food: stuffed potatoes

What is your dream job: Doctor  
or vet

Do you have a pet: One dog,  
three cats

Favourite board game: Clue

**Who am I?**

Name: Kindness

Favourite Food: chicken fried  
rice

Favourite Smell: mommy

Favourite Animal: cats and  
horses

Best thing about SVS: all the  
games

Favourite game to play: Bingo

## UPCOMING EVENTS:

May 24: **NO SCHOOL** Victoria Day

TBD: Fractured Fairy Tales



Students can check the bulletin board to see if they figured out the code names from last month.