



# SCHOOL NEWS



November 2023

MONTHLY NEWSLETTER

Vol 1 Issue 3



## **NOVEMBER PROVIDES AN OPPORTUNITY TO TAKE A MOMENT TO REMEMBER AND FOSTER CONNECTIONS.**

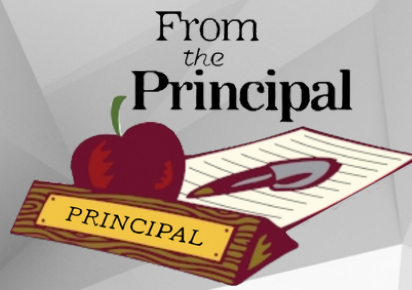
October was marked by the falling of leaves, an occasion for giving thanks, the culmination of volleyball season, and the spirit of Halloween. Education Week was also celebrated with activities ranging from reading buddies, bus driver appreciation, dressing like a teacher, and a scrumptious pancake breakfast.

As we enter November, it's a time for reflection and remembrance of those who have made significant sacrifices to protect our rights and freedoms. Curling practices will begin on November 22nd, and will be held each Wednesday from 4 - 5 pm at the Innovation Credit Union Iplex. Parents and guardians will have an opportunity to connect with teachers to discuss their children's academic progress. Be on the lookout for an email that will include a link to book Parent-Teacher conferences .

In observance of Remembrance Day, which falls on a Saturday, and to accommodate Parent-Teacher Conferences, there will be no school on November 13th and 20th.

### **What's In This Month's Issue:**

- Principal's Message
- Reminder about student drop off and arrival times
- Volleyball Schedule
- Noon Lunch Info.
- Curling Information
- SLC Dates and Activities
- Parent Teacher Conferences
- November Snapshot
- Band Newsletter
- Success Community News
- Book Fair Dates
- Success School Remembrance Day Program times
- Jersey Day Information
- December upcoming dates
- November Calendar
- Square Breathing / Self Care 101
- Education Week Photos



## **Principal's Message:**

**Success School Families,**

**We have enjoyed our first two months of school and look forward to what November will bring. Looking back at October there has been so much going on at Success School: Volleyball, Cross Country, Our S.C.C. Pancake Breakfast, Education Week, Music Week and, most recently, Halloween. I want to extend my gratitude to all the coaches, volunteers, community members and staff that made all these awesome things possible; Thank you!**

**Some academic programming highlights during October included a guest Science Teacher in our Grades 2-3 classroom, Charisse Garland, who came and taught our students about different properties of soil, our grades 5-6 Live Arts Workshop led by Saskatchewan Artist Madeline Greenway, and our Music Workshop led by the wonderfully talented Garth Prince. If you are interested in guest-teaching a lesson at Success School we are currently looking for volunteers to teach our students how to prepare different cultural foods, teach different cultural games or sports, or to lend your expertise in your particular field. If you are interested in this opportunity please contact me directly: [ghorn83@chinooksd.ca](mailto:ghorn83@chinooksd.ca) - we would love to learn from you!**

**Looking ahead to November there is lots to be excited about: Remembrance Day, Parent-Teacher Interviews, Art Club, Curling, Book Fair, National Jersey Day and so much more.**

**Let's have a great month of November,**

**Mr. Horn**





For the safety of our students, we kindly request that you  
**DO NOT drop off or send your child to school before 8:40 am.**



During this time, the doors are closed, and no staff supervision is available.

We appreciate your cooperation in this matter.

**8:40**

<b>GET READY TO SWEEP!</b>		
<b>Curling starts November 22 and</b>		
<b>continue every Wednesday from</b>		
<b>4-5 pm at the</b>		
<b>Innovation Credit Union I Plex.</b>		
<b>Don't forget to bring your indoor shoes!</b>		



If you've placed your order,  
get your taste buds ready  
for a finger-licking good  
KFC lunch on Tuesday,  
November 7th!



## Volleyball

### Girls Games

November 2: at Fairview  
November 3: Tournament  
at Centennial School

### Students VS Staff

Tuesday November 7 @ 2:15



## Success Student Leadership Council

Here is what your SLC has planned for  
November:



- **Toonie Treat Day November 23** - Be sure to listen during announcements to find out what time you can get your treats!

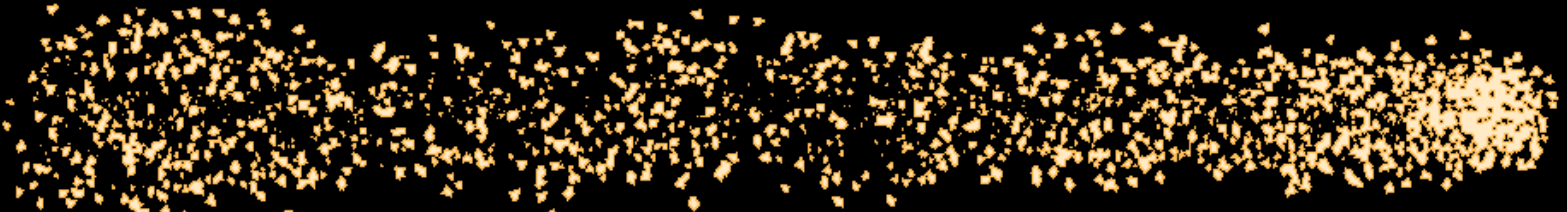
- **Wacky Hair Day November 29** - Your chance to spice it up and create a wacky hair do!

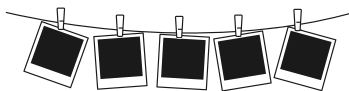


# PARENT TEACHER CONFERENCES

**November 14 & 15 from 3:30 - 6:30 pm.**

**Watch for an email with the link to book online!**





# NOVEMBER SNAPSHOT



*Mark your calendars folks, here's what's happening in November:*

**November 1: NO Kindergarten** - this was switched with October 31

**NO Volleyball Practice**

**November 2: Girls Volleyball game at Fairview School**

**November 3: Shelter in Place Drill**

Let's cheer on the **Girls Volleyball** team at their **tournament at Centennial School** as the season winds down!

**November 7: Noon Lunch**, time for some finger licking chicken!

**November 8: National Jersey Day** wear your jersey to recognize school sports!

**November 9: Staff vs Student Volleyball** showdown

**November 10:** Join us for the **Success School Remembrance Day Program** at 10:45 am - Poppies will be available at the school.

**November 13: No School in Lieu of Remembrance Day**

**November 14 & 15: Parent Teacher Conferences from 3:30 - 6:30.** Watch for a email to book your time to chat with our Teachers! The **Book Fair** will be open during Parent Teacher Conference Times. Come and check out the awesome items on display in the Library.

**November 16 & 21: Book Fair 9 am - 12 pm.** These are in addition to the times available during the Parent Teacher Conferences.

**November 17: Lock Down Drill**

**November 20: No School in Lieu of Parent Teacher Conferences**

**November 22, 29:** Get ready to sweep! **Curling practice from 4- 5 at the Innovation Credit Union Iplex.** Don't forget your clean indoor shoes for sliding!

**November 23: Toonie Treat Day** - Bring your Loonies, Toonies or change to get in on the treats from the SLC

**November 24: Assembly** at 2:15 pm

**November 29:** Get out the hair spray and create some unique hair styles for **Wacky Hair Day**







# November News

October 26, 2023

## Important Dates

- Oct. 31 - No band in Wymark
- Nov. 13 - No school - in lieu of Remembrance Day
- Nov. 17 - Senior and Junior band students (who have O Canada memorized!) play at the Bronco game
- Nov. 20 - No school in lieu of parent/teacher interviews
- Nov. 30 - No Beginner Band rehearsal
- Dec. 4 - Senior, Junior and Jazz bands go on School Tour
- Dec. 7 - Prairie West Band Christmas Concert
- Dec. 14 - No full band rehearsals
- Dec. 21 - No full band rehearsals



## School Schedule

Waldeck	Monday
Vanguard	Tuesday a.m.
Wymark	Tuesday p.m.
Success	Wednesday a.m.
Cabri	Wednesday p.m.

To contact Mrs. Switzer, email [jswitzer@chinooksd.ca](mailto:jswitzer@chinooksd.ca) or call (306) 778-9200 and leave a message.

## Prairie West Band Christmas Concert

This year the Christmas Concert will be on **Thursday, December 7 at 7:00 p.m. at the Irwin School gymnasium.** Artistic Expressions will be taking group photos for us before the concert. All band students must arrive by **6:00 p.m.** for group pictures. Students will also have the option to have individual photos taken. Students need to wear their band uniforms (white shirt, black pants, black shoes, black socks, cummerbund and bowtie). Cummerbunds will be distributed at a rehearsal in November. Please invite your family, friends, and community members.



## Bronco Game

Senior and Junior Band members who have demonstrated that they have O Canada well memorized, will be performing O Canada at the Bronco game on **Friday, November 17.** Please let Mrs. Switzer know by Thursday, November 9 if you are able to attend. This is an excellent opportunity to show off our band program to a big audience! Students will receive their tickets at rehearsal on November 16. Please meet at the Iplex by the concession at 6:30. We will play O Canada at 7:00. Students should wear clean shoes, blue jeans, black shirt/jacket, and band hoodies (if they have one). After we are finished playing, students will be unsupervised and are the responsibility of their parents.

## Christmas School Tour

On **Monday, December 4**, the Senior, Junior and Jazz band will be travelling to Waldeck, Wymark and Vanguard to perform school concerts. The itinerary and permission slip is being sent home with students today.

## Mary Poppins at SCCHS

The Swift Current Comprehensive High School is currently hard at work preparing Mary Poppins, the musical. Shows are Nov. 29 and 30 as well as Dec. 1 and 2. This production will also have a live pit orchestra made up of students and communities members including Mrs. Switzer on trumpet! Tickets for all shows are available at Pharmasave.

## Music Festival Solos

All band students have to option to play solos in either the Swift Current & District Music Festival or the Vanguard & District Music Festival. This is a great way for the students to continue to work on their music skills in a more independent setting. Students who are interested, will receive their music in December. All festival solos have a piano accompaniment so a pianist is needed. I can give you the names of some accompanists if necessary. The accompaniments most often are not too hard so a parent or other relative may be able to play them. Please let me know as soon as possible if you are interested in playing solos in the festival.

## Band Parents' Association Meeting

Thank you to all the parents who attended the band parents' meeting. Our next meeting will take place on **Monday, March 11 at 7:00 p.m.** at the Irwin Bandroom. We hope to see you there!

# Success

## Get the Scoop on the Latest Community News



- Success Community Hall Garage / Craft Sale  
Saturday, November 18 from 10:00 - 2:00 pm  
Lunch will be available

Cost is \$20.00 for a table, with an outside area for large items.  
For more information or to book a table, phone 306-741-9206  
or email [successhall2020@gmail.com](mailto:successhall2020@gmail.com)



# SUCCESS Book Fair!



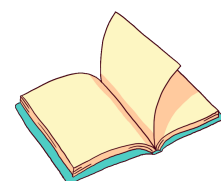
## November 14 - 21st

**From 3:30 to 6:30 pm:**

Tuesday, November 14 and Wednesday, November 15  
during Parent Teacher Conferences

**From 9 am to 12 pm:**

Thursday, November 16 and Tuesday, November 21



If you are interested in stopping by and you are not able to attend at the times listed, please contact Amber Rempel to see if an alternative time can be arranged.





## *Success Remembrance Day Program*

will begin at 10:45 am on Friday, November 10th.  
Parents and community members are welcome to attend.

A Poppy tray will be placed at the doors by the gymnasium.



**"When I wear my poppy I'm remembering everyone affected by war, across races, genders, ideologies and borders. I'm remembering the tragedy of war, all wars. I wear it in the hope that wars will be a thing of the past."**

*—Dave Stewart, Canadian writer, musician and filmmaker*

**"In war there are no unwounded soldiers"**

*- Jose Narosky*



## **NATIONAL JERSEY DAY**

**#SchoolSportJerseyDay**

**NOVEMBER 8, 2023**



Show your support for School Sport across Canada!  
**"Wear Your Jersey to School or Work"**



On Wednesday, November 8th, School Sport Canada is supporting a national day to show your love and support for sport by wearing a sport jersey to school, work or play.



Join the school sport associations across Canada to show your support for sport and to spread the word in your school!



From municipal council chambers to office buildings and classrooms across the nation, we envision a sea of Canadians wearing their hearts on their sleeves on National Jersey Day.



### **UPCOMING DATES TO KEEP IN MIND:**

December 19 - Christmas Program

December 21- alternate date for Christmas Program

*(only if Dec. 19 was postponed)*

December 22- Last day of classes before the Christmas break

December 23-January 7: Christmas Break - NO SCHOOL

January 8: Classes resume (Kindergarten Day)



## Success and Stewart Valley School

**306-778-9280**

[illegible]

**Yellow Highlighted Days are Kindergarten Days (every day 2, 4, & 6)**

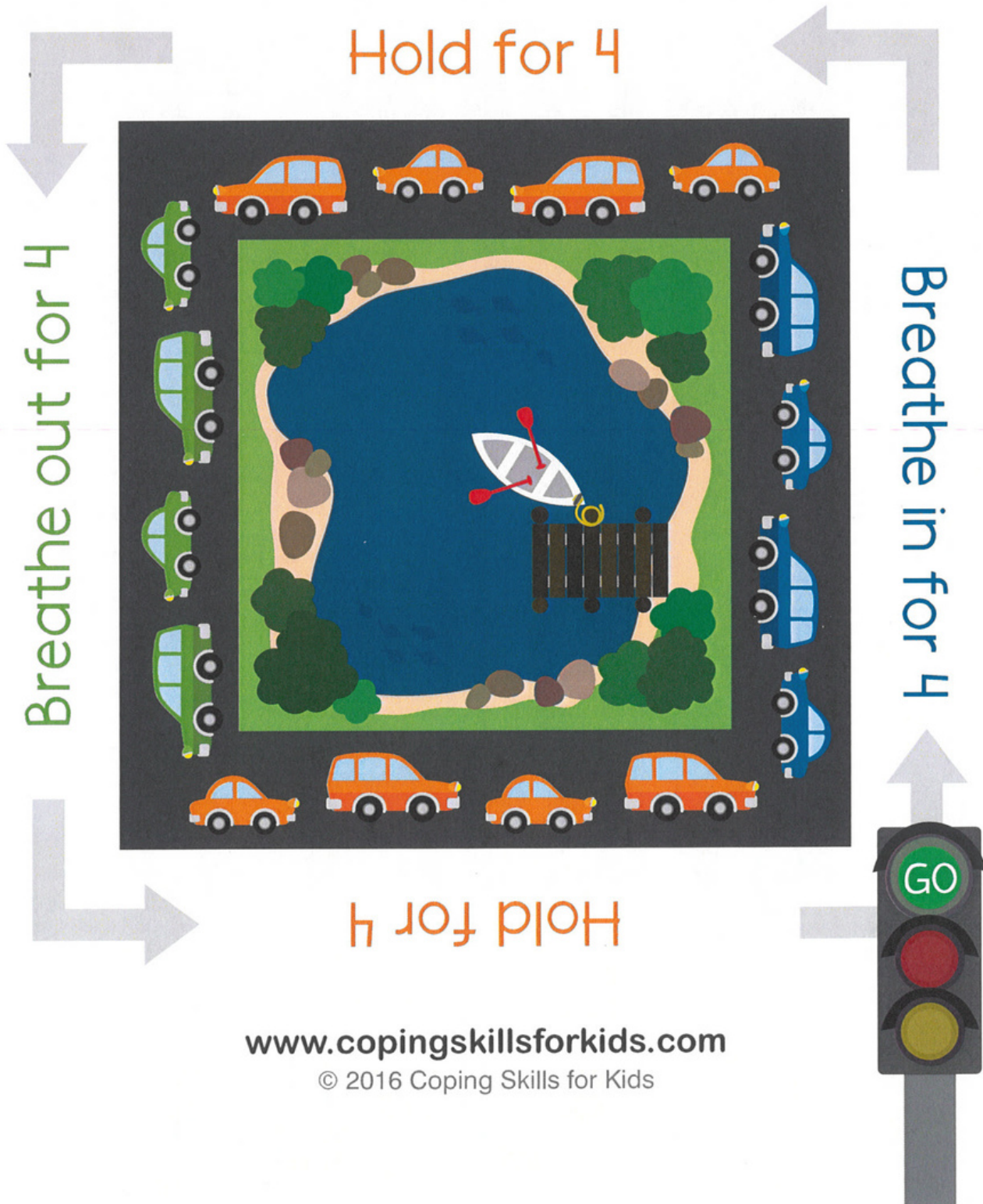
**\*\*\*NOTE - No Kindergarten on November 1st - Switched to October 31st so**

**Kindergarten students could attend Halloween activities.**



# Square Breathing

The people in the cars below are taking a slow, relaxing drive. The road is in the shape of a square for you to trace. Start at the bottom right of the square. Follow the cars around the whole square to complete one deep breath. As you count, enjoy the scenery! Can you find the fish, the dock and the boat?



[www.copingskillsforkids.com](http://www.copingskillsforkids.com)

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# SELF-CARE 101

Self-care is an important part of wellness. Take time and discover what helps you to feel good and recharge.



**EAT** We all need to refuel. But sometimes when we're stressed, our habits can change – maybe we eat junk food, or don't feel like eating at all. It is important to focus on eating foods that will provide you with the nutrients you need.

- \* **Tip:** Have a healthy snack nearby so you can refuel and avoid getting "hangry."

**HYDRATE** Try to increase your water intake and decrease your caffeine intake. Caffeine has been shown to create a stress reaction in your body and might cause you to feel nervous, irritable or restless.

- \* **Tip:** Drink a glass of water or milk before bed (but not too much!) rather than a caffeinated drink. This should also help you sleep.



**SLEEP** Getting a healthy number of hours each night helps you to better deal with the stresses of everyday life.

- \* **Tip:** While you're at home, try to set up a sleep routine that you can stick to. Plan to go to bed and wake up at the same time every day. For some other helpful ideas check out: 'Up all night? Get a better sleep with these tips' ➔

**MOVE** Being physically active has many positive effects on your health. It increases your energy, enhances your immune system, reduces insomnia, stimulates brain growth and has been shown to decrease feelings of sadness.

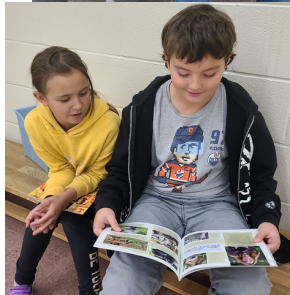
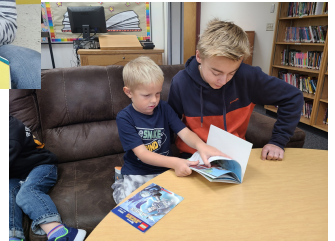
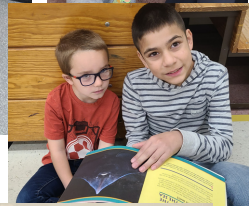
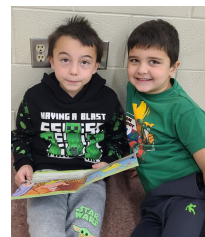
- \* **Tip:** This doesn't need to take much time. You can get these benefits of being physically active from just a 30-minute walk. Stuck inside? Check out YouTube for brief yoga routines, at-home workouts or track your steps, and challenge a friend!

**ENJOY** Take time to discover things you enjoy. Do things that make you feel good as often as you can. It may not be what others find fun, and that's okay! We're all different.

- \* **Tip:** Maybe there's a book you want to read, a show or movie you've been meaning to watch, a skill you've been interested in, or something new!



# Education Week



## ***"Dress Like a Teacher Day" – Embracing the Future of Education!***

